CANCER COMMITTEE REPORT

This annual report highlights the services provided through the Cancer Care Program at Clark Memorial Hospital, which continues to offer patients access to a multidisciplinary team and a range of services.

A strong cancer program can’t exist without involvement from the medical community. Clark Memorial Hospital has a dedicated group of physicians who participate in a bimonthly Tumor Board to prospectively discuss and plan the care of patients diagnosed with cancer. This Board includes surgeons, medical and radiation oncologists directly involved in the patient’s treatment, as well as radiologists, pathologists, hospice physicians, oncology nurses, social workers, the chaplain and dietitians. This wide representation across disciplines ensures that our Tumor Board truly covers every aspect of patient care.

To ensure the ongoing quality of the care we provide, our Cancer Care Program is measured against benchmarks developed by the American College of Surgeons Commission on Cancer. The quality and performance goals established by the College ensure that consistent quality care is provided to all cancer care patients.

Clark Memorial Hospital continues to promote cancer prevention and early detection through community education. Tapping the medical expertise of several physicians, and with financial support provided by the Clark Memorial Hospital Foundation, the hospital was able to provide free screening and education at dozens of different community events in 2013.

Sincerely,
Dr. David Musich
Radiation Oncologist
Cancer Committee Chair

COMMISSION ON CANCER ACCREDITATION

The Cancer Committee along with the Cancer Care Program at Clark Memorial received three-year reaccreditation by the American College of Surgeons Commission on Cancer in September 2012 — a distinction earned by only 25% of hospitals nationwide. In addition to the reaccreditation, the Commission also awarded Clark Memorial with six commendations regarding our work in data collection and reporting, community outreach activities, team member education and quality improvement initiatives.
The Clark Memorial Hospital Breast Health Center recognizes the importance of mammography in every woman’s health program, as well as the anxiety, fear and apprehension waiting for mammography results can cause. In order to improve a woman’s experience along the continuum of care for breast health, Clark Memorial Hospital began its journey in 2011 to establish a Breast Imaging Center of Excellence, recognized in 2012 by the American College of Radiology’s Commission on Quality and Safety, located within the Bales Women’s Imaging Center. The primary objective of the Breast Center team of physicians and technologists is to streamline the patient experience resulting in decreased wait time between screening, diagnosis and treatment.

The Breast Center’s two Patient Navigators are the strategic linchpin for patients navigating the breast care continuum, as they help to facilitate timely and effective communication between physicians and patients necessary for rapid diagnosis. Specifically, the Patient Navigators assist patients in making screening and follow-up diagnostic appointments, educate patients on screening and diagnostic procedures, and coordinate communication between the radiologist and the patient’s primary care physician, surgeon or oncologists if needed. Patient Navigators also perform reminder calls and contact patients who have missed their appointment to encourage them to reschedule.

The Patient Navigators, together with the rest of the team of technologists and physicians working in the Breast Health Center, are committed to continuous improvement in a woman’s mammography experience at Clark Memorial Hospital. Between April, 2012 and October, 2013 the team conducted a study to measure improvement in the timeliness between screening mammograms and diagnostic mammograms, with a goal to reduce wait time for all women to less than 10 days. Together, the Breast Health Center’s team of physicians and technologists, led by the Patient Navigators, were able to reduce the total number of women waiting longer than 10 days for a diagnostic mammogram by 20%. These results, and the continued efforts by the Breast Health Center team for further improvement, support the mission of Clark Memorial Hospital to provide superior health services to the people and communities we serve.

### Primary Site % of Total

<table>
<thead>
<tr>
<th>Primary Site</th>
<th>Total</th>
<th>M</th>
<th>F</th>
<th>Stage 0</th>
<th>Stage I</th>
<th>Stage II</th>
<th>Stage III</th>
<th>Stage IV</th>
<th>Other/NA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breast</td>
<td>78</td>
<td>1</td>
<td>77</td>
<td>18</td>
<td>30</td>
<td>19</td>
<td>7</td>
<td>3</td>
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<tr>
<td>Lung &amp; Bronchus</td>
<td>74</td>
<td>38</td>
<td>36</td>
<td>0</td>
<td>14</td>
<td>8</td>
<td>22</td>
<td>28</td>
<td>2</td>
</tr>
<tr>
<td>Colon Excluding Rectum</td>
<td>35</td>
<td>17</td>
<td>18</td>
<td>2</td>
<td>7</td>
<td>5</td>
<td>9</td>
<td>11</td>
<td>1</td>
</tr>
<tr>
<td>Urinary Bladder</td>
<td>34</td>
<td>25</td>
<td>9</td>
<td>17</td>
<td>8</td>
<td>6</td>
<td>3</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Kidney &amp; Renal Pelvis</td>
<td>23</td>
<td>12</td>
<td>11</td>
<td>0</td>
<td>17</td>
<td>3</td>
<td>2</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>All Other</td>
<td>144</td>
<td>86</td>
<td>58</td>
<td>4</td>
<td>20</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>33</td>
</tr>
<tr>
<td><strong>Total CMH cases, all sites</strong></td>
<td><strong>388</strong></td>
<td><strong>179</strong></td>
<td><strong>209</strong></td>
<td><strong>41</strong></td>
<td><strong>96</strong></td>
<td><strong>69</strong></td>
<td><strong>72</strong></td>
<td><strong>73</strong></td>
<td><strong>37</strong></td>
</tr>
</tbody>
</table>

*American Joint Committee on Cancer
What Is CT Lung Screening?
Clark Memorial’s advanced 64-slice Computerized Tomography (CT) generates detailed cross-section images of the lungs and other organs, allowing us to identify a tumor and measure its size, precise location and involvement with nearby tissue.

You simply lie still on a table that passes through the center of the scanner. The scanner itself rotates around your body and captures information, which is turned into a detailed image by sophisticated computer software.

While your total appointment might take 30 minutes, the CT scan itself takes less than 30 seconds. In terms of radiation, a CT scan is low dose, comparable to a mammogram.

A Board Certified Radiologist reviews the resulting image to determine if there are signs of early stage lung cancer. If no signs are visible, you have the reassurance of knowing. If signs of early stage lung cancer are evident, you can know that early detection vastly improves your chances for a cure. And because the Radiologist sends the results to your doctor almost immediately, there’s no long wait to endure.

(Remember that no test is 100% accurate. A false negative or a false positive is possible. With a false positive, additional tests are usually conducted. Conditions other than lung cancer may also be revealed during this scan.)

Who Needs CT Lung Screening?
If you can answer YES to one or more of the following questions, you should strongly consider being screened. If you are between the age of 55 – 74 and:
- Are current smoker
- Are former smoker who quit in the last 15 years
- Have been exposed to radon or had occupational exposure to carcinogens
- Have had prior malignancy
- Have a family history of cancer
- Have COPD or pulmonary fibrosis
- Have had prolonged exposure to second-hand smoke

Why CT Lung Screening? 3 Reasons.

1. LUNG CANCER IS LETHAL.
Lung cancer is the deadliest of all cancers. It causes over one quarter of all cancer deaths each year, claiming more lives than colon, prostate and breast cancers combined.

2. SYMPTOMS SHOW UP LATE.
Lung cancer shows no symptoms in the early stages. But in those early stages, it’s very treatable. Once symptoms appear, the patient usually has late stage lung cancer, when there’s far less chance for a cure.

3. MORE THAN SMOKERS.
Smoking is a leading cause of lung cancer. But thousands of non-smokers die of lung cancer every year. Other factors can be just as critical, including exposure to certain chemicals at work, prolonged exposure to second-hand smoke, a family history of lung cancer and more.

Because it’s lethal, because early detection saves lives, and because it affects so many people, Clark Memorial Hospital has made low dose CT Lung Cancer Screening incredibly easy — and affordable.

If you’re at risk, we want you to breathe easier — either from knowing that you do not have the disease, or from detecting it early enough for treatment to be effective. Ask your doctor if CT Lung Screening makes sense for you.

1. Tell your doctor about your signs and symptoms; he or she may want to order a $99 CT Lung Screening for you.
2. Call 812.283.2405 or 812.246.4801 to schedule a CT Lung Screening for yourself for a nominal fee of $99.
The American College of Radiology® (ACR®), has recognized Clark Memorial Hospital as a Breast Imaging Center of Excellence (BICOE).

Established in 2007 as the result of a Quality Initiative Program for breast centers, the ACR® program offers facilities providing breast health care the ability to track and measure quality performance in more than 30 separate quality indicators, and to compare their performance on these measures with other participating breast centers around the country.

Becoming a BICOE is the highest level of participation recognized by the organization. Clark Memorial’s care for breast patients offers two locations with digital mammography, a nationally recognized cancer care program, surgery center and more.

“While participation in this prestigious program is a great honor,” notes Clark Memorial CEO Martin Padgett, “it also provides us with a new tool with which we can compare our own performance with that of breast centers nationwide, identify opportunities for improvement, and share best practices with other high-performing organizations.”

**SCHEDULE A MAMMOGRAM**

A yearly mammogram is recommended for women over forty. Clark Memorial offers two convenient locations with advanced digital mammography. You can make an appointment at our main campus in Jeffersonville by calling (812) 283-2405, or at Hunter Station in Sellersburg by calling (812) 246-4801.
COMMUNITY HEALTH NEEDS ASSESSMENT

This year, Clark Memorial Hospital conducted a Community Needs Assessment designed to identify the health issues of vulnerable populations and the community as a whole, and to determine how Clark Memorial can help in addressing those issues.

The process included gathering an enormous amount of information regarding demographic, socioeconomic and health statistics, including health care resources and utilization rates, as well as hundreds of community healthcare surveys, stakeholder interviews and focus groups.

The results were reviewed to identify common themes and determine the size and seriousness of the problems identified, as well as the impact of those issues on vulnerable populations and their importance to the community as a whole. Based on those findings and on Clark’s perceived ability to impact these areas, a prioritized set of health care needs was identified, and three-year goals were established for Clark Memorial. These are shown below.

**NEEDS IDENTIFIED BY THE COMMUNITY**

**Education about Chronic Health Conditions**
- Heart Disease
- Cancer
- Obesity
- Diabetes

**Access to Primary Care Physicians**

**Access to Convenient and Affordable Public Transportation**

**Access to Mental Health Services**

**Access to Health Education and Resources with a Focus on:**
- Prevention of chronic diseases;
- How to live a healthier lifestyle by improving eating habits, encouraging tobacco cessation, living a more active lifestyle and addressing substance abuse issues;
- Support for navigating the health care system;
- Awareness of and access to social service resources available through the hospital and other community organizations.

**CLARK MEMORIAL’S COMMUNITY HEALTH NEEDS ASSESSMENT THREE-YEAR GOALS**

**Improve Access to Care and Services**
- Continue to build a Primary Care and Specialty Physician network that improves patient access to the CMH system of care;
- Educate patients on the variety of access points to CMH’s system of care, including Primary Care Physicians, Urgent Care and the Emergency Room and when and how to best use each site of care;
- Develop tools and resources to assist patients in navigating the increasingly complex health care system. Resources will focus on how to access and leverage appropriate care plans, primary care physicians, wellness and preventative care screenings, and to build awareness of social service organizations in the community.

**Improve Management of Chronic Diseases**
- Improve patient and community education on prevention and management of chronic diseases;
- Continue to apply evidenced-based clinical care protocols to the diagnosis, treatment and post-acute care management of chronic diseases;
- Improve alignment with post-acute care providers, including rehab hospitals, nursing homes and home health agencies, to apply evidence-based clinical care approaches across the continuum of care.

**Community Coordination of Health Improvement**
- Collaborate with community organizations to coordinate initiatives targeted at improving the health of our community. Collaborative efforts will focus on increasing awareness of what social support services are available in the community and how best to access and leverage these resources.
Clark Memorial Hospital

No One Cares Like Clark.

clarkmemorial.org