

## Routine Check-Up Guide

The following is an overview of the services your child will receive during their visit. Older girls may be more comfortable in gym shorts and sports bras, and may prefer to see Dr. Crigger or our nurse practitioner, Merideth Missi. Likewise, older boys may be most comfortable in gym shorts, and may prefer to see either Dr. Teichman or Dr. Boel for their routine exams. Please bring any needed physical forms for school, sports, or daycare to their appointment, completing the parent portion in its entirety prior to the visit.

3-7 days of age: Nursery follow up	15 month: Preventative care exam CBC DTaP Hib	6-11 year: Preventative exam CBC UA
1 month: Preventative care exam Hepatitis B		11-18 year: Preventative exam CBC UA Menactra (MCV4) Adacel (Tdap) once Gardasil (HPV) (series) (girls only ) Menactra booster at 16
2 month: Preventative care exam Pentacel (DTaP, Polio, Hib) Pevnar (PCV) Rotateq (Rotavirus)	18 month: Preventative care exam Hepatitis A M-CHAT developmental screen	*flu vaccine yearly for patients 6 months and up
4 month: Preventative care exam Pentacel Pevnar Rotateq	24 month: Preventative care exam CBC UA Lead screening	
6 month: Preventative care exam Pentacel Pevnar Rotateq Hepatitis B	30 month: Preventative care visit Developmental screening	*Lipid yearly (3yrs and up) IF family history, BMI is high, prior high lipid
9 month: Preventative care exam CBC (complete blood count) UA (urinalysis)	3 year: Preventative care exam CBC UA	
12 month: Preventative care exam Lead screen MMR Hepatitis A Varivax (Varicella) Pevnar	4 year: Preventative care exam CBC UA IPV DPT MMR Varivax	
	5 year: Preventative care exam CBC UA	updated 05/11